

# ESC PROJECT "LET'S LIVE EUROPE IN SARTHE"

IS LOOKING FOR NEW VOLUNTEERS – 6 OPPORTUNITIES LEFT!



LE MANS, SARTHE, FRANCE // EDUCATION & YOUTH

11 MONTHS (ARRIVAL DAY: 23<sup>RD</sup> OF AUGUST 23 – END JULY 24)



*“Let's live Europe in Sarthe” is a collective ESC project in the region of Le Mans, in France, that involves 14 volunteers in different places of volunteering, with a common goal: to educate on Europe, cultural diversity, mobility, and help people to get more easily in touch with Europe in making it more concrete by exchanging with people from different European countries. We strongly believe that meeting others can help strengthening open-mindedness, equality, diversity, and citizenship, and our team of volunteers is taking on this challenge all year long!”*

The House of Europe (“Maison de l'Europe” in French) manages several European mobility projects, in particular European volunteering projects (European Solidarity Corps).

This guide provides information about the 14 following volunteer opportunities. You can apply for more than one if you are interested by several volunteer missions:

- Volunteering at the House of Europe (1 volunteer opportunity)
- Volunteering at the rural boarding schools MFR (6 volunteer opportunities) (5 spots already filled)
- *Volunteering at Joseph Roussel high school (1 volunteer opportunity) (already filled)*
- *Volunteering at the “Les Horizons” high school (1 volunteer opportunity) (already filled)*
- *Volunteering at the municipality of the town of Le Mans (2 volunteer opportunities) (already filled)*
- *Volunteering at the municipality of the town of Rouillon (1 volunteer opportunity) (already filled)*
- *Volunteering at the municipality of Saint-Georges du Bois (1 volunteer opportunity) (already filled)*
- Volunteering at the social center of Le Grand-Lucé (1 volunteer opportunity)

## The role of the House of Europe

The House of Europe has a coordination role and provides the financial and administrative management of the project. Administrative work, management of accommodation and transport for the volunteers, payment of allowances, are as well organized by the House of Europe. Questions about daily life at the volunteering place, the missions and the activities are managed by the host institution and the tutor. The House of Europe has a supporting and mediating role. For every project, the volunteers have a tutor in each place where they daily volunteer.

## Aims of the projects

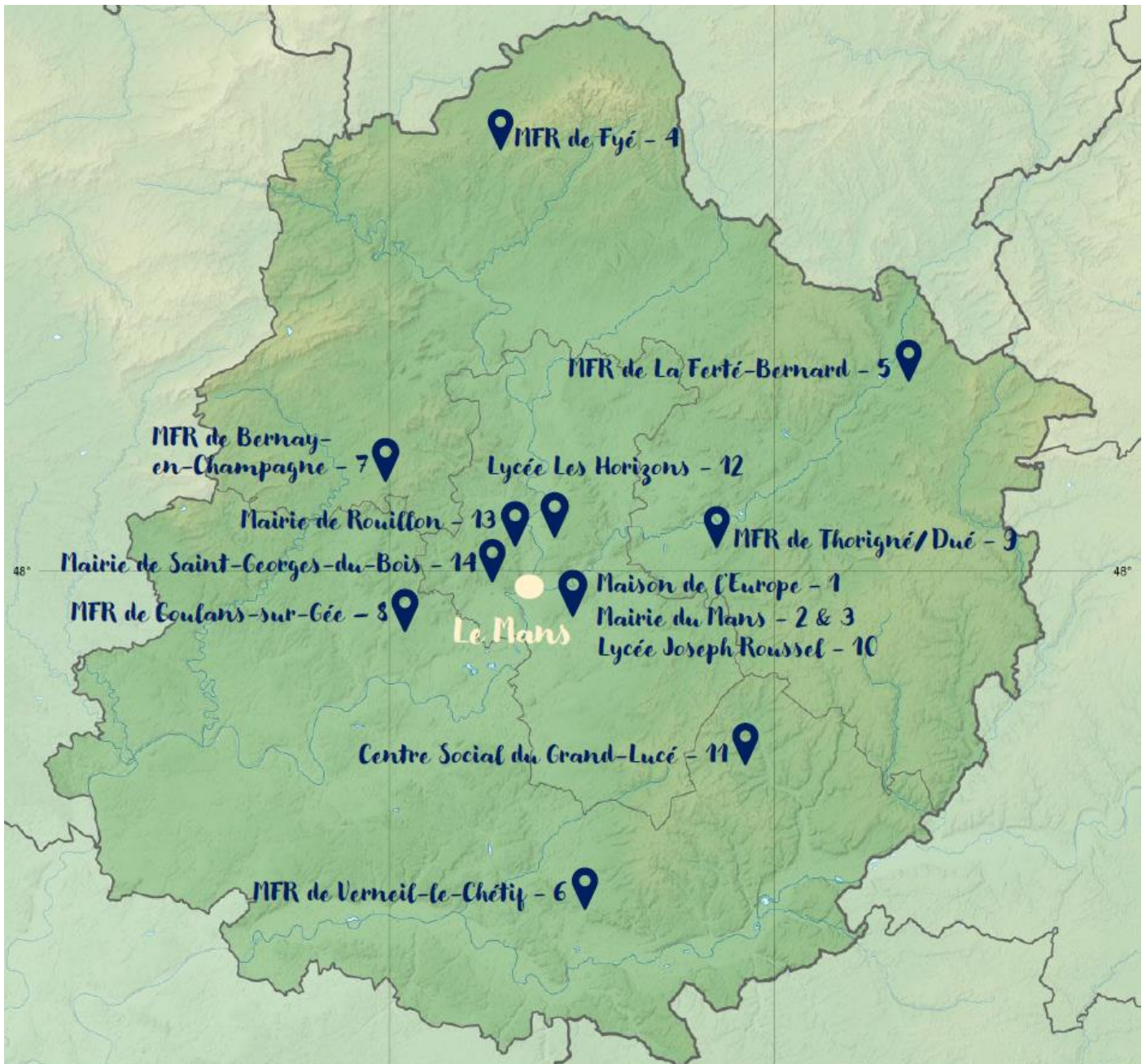
The goals of the different projects are very similar: the idea is to make people in our region Sarthe aware of the European Union, to encourage interculturalism and openness to others, and to make the (young) people you work with aware that European mobility is also possible for them. By welcoming European volunteers all year, the public of the different places will be able to deconstruct their prejudices and be less afraid of differences, while learning to interact with someone from another culture. All the volunteers are linked to develop common projects and enhance the presence of European volunteers in the region of Sarthe.





# « Département de la Sarthe » and locations of the 14 missions:

(All volunteers are living in the city of Le Mans and use transports to reach the mission everyday)



More information here: <https://europe-en-sarthe.eu/the-projet-lets-live-europe-en-sarthe-is-looking-for-new-volunteers/>

# PRACTICAL information

*Your food, accommodation, insurance, pocket money and your travel costs will be covered by the European Solidarity Corps program.*

**Travel:** You will be reimbursed on a base of a budget depending on your means of transportation and the country you are traveling from (from 180€ to 410€ for roundtrip.)

**Accommodation:** You will have your own room in a shared house near the center of Le Mans, with easy access to local transportation for your daily commutes. Common spaces are shared with other volunteers.

**Monthly expenses:** You will get each month money for your food, and pocket money, transferred in your bank account at the end of the month you have just done. Pocket money is 210€/month, and food money is either 210€/month + lunch offered at the school canteen on workdays or 240€/month if no lunches are covered.

**Language:** You will have access to the EU Academy platform for online French classes, and you will have the possibility to take part in French classes at the university of Le Mans.

**Dates:** 11 months mission from the 23<sup>rd</sup> of August (arrival day in France: 22<sup>nd</sup> of August) to the end of July.

**Planning:** You will volunteer for about 30 hours per week smoothed over the year. You will not volunteer on weekends -excepts maybe 3-4 times during the year-. For every volunteering month you have 2 days off, so 22 days for the whole mission.

**Training:** The French ESC Agency organizes 2 seminars (one on arrival and one mid-term for about a week, with other ESC volunteers in France). All expenses are fully covered.

**Common project:** You will take part in common project in between volunteers and common meetings throughout the year.

**Insurance:** You will be covered by Henner insurance scheme from the European Commission.

**Local transportation:** You will be provided a card to use tramways and buses of Le Mans and surroundings unlimited + the mean of transportation for your daily commute + a bike + a discount card for French railways.

**Application process:** After reading our infopack, you want to be part of this adventure?

You can go on our website to download the application form : <https://europe-en-sarthe.eu/the-projet-lets-live-europe-en-sarthe-is-looking-for-new-volunteers/>

Application is complete with the application form, your cv, and a little video. Once complete, you can send it to [evs@europe-en-sarthe.eu](mailto:evs@europe-en-sarthe.eu)

Zoom calls will be organized to meet and check if the project is right for you 😊

# THE HOUSE OF EUROPE IS LOOKING FOR A EUROPEAN AMBASSADOR!

*We are looking for a young European volunteer who is motivated, full of ideas to share about Europe with local inhabitants during a year and be part of our team! 2024 is the year of the European elections!*

La Maison de l'Europe Le Mans-Sarthe, hereinafter referred to as the House of Europe of Le Mans, also a Europe Direct Information Centre, is a non-profit organisation with no political or religious affiliation. In our daily activities, our purpose is to raise awareness and inform the inhabitants of the French department of Sarthe about European citizenship and thus contribute to building a Europe of citizens. The House of Europe is a friendly place, ideal for discovering, meeting, experiencing, and exchanging on Europe!

The purpose of this House of Europe is to promote an active citizen involvement and to contribute to bringing closer European citizens in order to have a better understanding of other cultures. The House of Europe is a member of the French Federation of European Houses, and a member of the Erasmus+ network by the French Erasmus+ Agency. We are also an Information point for the Franco-German Youth Office (FGYO/DJFW) and a Europe Direct Information Centre, directly certified by the European Commission.

**Information and documentation for all audiences:** As an information Centre, we provide our visitors with information on the European Union and its politics but also on other European countries. Our Centre puts at your disposal a wide range of documents, books, brochures, and board games about Europe.

**Teaching activities:** We organize educational workshops on Europe on a nearly daily basis in schools, leisure centers, twinning committees, and social centers. We also organize workshops and fun activities within our premises to enable primary and secondary school pupils to discover Europe.

**Festive and cultural events:** Every year, the association organizes festive events for the general public. We organize debates and citizen dialogues, exhibitions within our premises or outside, we take part in festivals, etc. These actions always aim at raising awareness about European values and discovering European countries and their culture. Every year, we celebrate Europe Day in the city center of Le Mans.

**Mobility programs:** The House of Europe is a LEAD structure for the European Solidarity Corps program (ESC). Since 2016, we have welcomed more than 50 European long-term volunteers. We manage an Erasmus+ VET project and lead a consortium of 11 VET schools: Mov'Europe. We are raising awareness about mobility programs and encouraging students from underprivileged and rural backgrounds to have a mobility experience. As an Information Point for the Franco-German Youth Office, we advise young people on Franco-German mobility programs too. We also work with the Erasmus+ French Agency to develop Erasmus+ project in our region.





## Mission

- Go to primary schools to promote Europe and talk about your country and your culture. You can create your own educational tools to present your country or the EU in a fun and interactive way.
- Participate in the activities about European Elections of 2024.
- Lead workshops about your country and your culture with local kids and teenagers during holidays in our Sarthe.
- Create specific communication tools (videos, exhibitions, articles for the website etc.) in order to make young people aware of European citizenship and educational tools of communication to present the EU and its policies, or one of the countries, or mobility etc., on our website.
- Help us to be active on social media (Facebook, Twitter, Instagram, YouTube).
- Manage the specific Instagram account of European volunteers in Sarthe.
- Inform on mobility opportunities for youngsters.
- Take part and help to organize some European events (Europe Day, Green Deal activities, gathering of students...).
- Connected to European subjects' possibility to develop own projects and take initiative in the frame of the work of La Maison de l'Europe.
- In addition, the volunteer will work on some common projects with the other European volunteers staying in Sarthe with the Maison de l'Europe which is the coordinator of these European Solidarity

# LET'S LIVE EUROPE IN RURAL AREAS IN FRANCE! 4 5 6 7 8 9

This project involves 6 volunteers from different European Union countries. Each one of them will volunteer in one of the 6 boarding schools who are local training centers for teenagers from the surroundings of Le Mans, in the department of Sarthe in France. The local training centers are called: the “Maisons Familiales Rurales” or MFR (literary translated as the “rural family houses”).

MFR hosts young pupils having difficulties with the French traditional school system and who are looking for a new way of learning. The MFRs are in our region Sarthe and each MFR is in a different village. The 6 volunteers will be accommodated together in a house in Le Mans, the biggest town of the department, but each of them will have to go by car or by public transportation to its MFR. Some MFRs provide a car to the volunteer to go to the MFR (1-hour round trip per day). Other volunteers need to take the train (2-hour round trip per day).

One of the challenges of this project is to bring Europe in rural areas toward pupils who have no knowledge at all about Europe and its countries. Therefore, the transports issue is important, and all applicants must have a driving license. You can choose to apply for the 6 vacancies or choose specific training centers regarding the topics of the diplomas prepared by the pupils (healthcare, forest...) for example.

Volunteers will be regarded as full members of their team and will be included in the daily work of each center. They will have the opportunity to use and improve their own abilities: volunteers will develop their sense of initiative, gain new skills and knowledge through the organisation of different activities for the MFR (workshops, courses, individual support, sports, games, presentations, lectures). The volunteer must therefore be willing to work with teenagers and to use non formal learning's methods. During the project, the volunteer will mainly be in touch with the young people that are hosted in the MFR, but not only. They will be encouraged to submit and implement their own projects, with possibilities of partnership with other local organizations. The volunteer will act as an ambassador of his/her country, and thus will try to promote values such as diversity and interculturality. The purpose of the French MFR is to develop a global approach of education, by using strictly formal, non-formal and informal learnings. Their practices are based on a work-linked training: all students spend one week in the MFR and the following week in the company where they got a traineeship.

In the MFR, young people and adults find a pleasant environment especially adapted to develop their abilities. The school ensures the pupils full boarding and organizes lots of collective activities so that everyone works with one another. It also tries to open pupil's minds to cultural life thanks to activities led during the day or the evening and prepares youngsters and adults to a successful integration into society in which they can find a place and take responsibilities. The volunteer will be asked to organize and lead some of these collective activities.

The volunteers will follow and help the “moniteurs” (teachers) in their daily tasks. The “moniteurs” stay all day long at the MFR. They have various functions: they facilitate good relations in the group, they teach, they take an active part in the education aim while supporting each youngster's project. They are qualified to implement the alternance training system and they know very well the “Maison Familiale Rurale's” environment, youngsters, their families and the training managers.

## Get to know more the 6 MFRs...

For all the missions, driving license is mandatory as you will probably at some points use a car to make transportation easier for you. All missions are different, and you can apply to several missions, but take care to read information carefully and apply those you feel motivated for. The part “this mission is for you if” is only there to help guide your choices, but even if you don’t meet some of the criteria but you’re interested anyway, don’t hesitate to apply still! In the MFR’s you will sleep once or twice a week at school, after leading activities in the evening. Also, you will have lunch (and dinner and breakfasts) at the MFR canteen.

### Missions for you :

- You will be considered as a full member of the team and will be included in the daily work of each center.
- You will develop your sense of initiative, gain new skills and knowledge through the organization of different activities for the MFR (workshops, courses, individual support, sports, games, presentations, lectures)
- You will work with teenagers by using non-formal learning’s methods.
- During the project, you will mainly be in touch with the young people that are hosted in the MFR, and you will be as well encouraged to submit and implement your own projects, with possibilities of partnership with other local organizations.
- You will act as an ambassador of your country, and thus you will promote values such as diversity and interculturality.
- You will organize and lead some of the collective activities.

MFRs are all based on the same system, 50% of the time in school, and 50% internships. They propose several degrees:

- Orientation classes, to get a first diploma and discover a working environment, for 14- and 15-years old pupils.
- Professional baccalaureate in different fields.
- Higher education program (not in all MFRs).

Watch the full movie about the project: <https://bit.ly/2OnQx8q> or take 7 minutes to watch the sum up: [https://youtu.be/1JkSD\\_derOQ](https://youtu.be/1JkSD_derOQ)

### FYE

The MFR of Fyé welcomes young people from aged 14 to 20 (80% of them are girls). This is a rather small MFR (80 students) with a very friendly and familial atmosphere. Main focuses: Healthcare and services / Social / Agriculture.

- Orientation classes.
- Professional baccalaureate degree called SAPAT to prepare young people for several care-based jobs, such as working with children, caring for the elderly and the disabled people, activities related to tourism, community center activities...

➔ 37 minutes commute with the train from Le Mans to La Hutte Coulombiers (3km from the MFR).

➔ <https://www.mfr-fye.fr/>

This mission is for you if: You are willing to spend your time with teenagers and get to know them / You are creative and autonomous / You don’t mind long days with transportation / You are willing to share about your culture, your country. / You value non formal education / You are open-minded, and outgoing / You are willing to learn and use French daily.



# The Social Center Le Grand-Lucé - 11

The Center Social Rural de Lucé is an association created in 1975 and whose goal is to "promote, create, manage all activities and services of a health, social, cultural, educational, family nature in favor of children, adolescents, adults, people elderly and families in general. Located in Sarthe, 30 kilometers from the city of Le Mans, the Center Social Rural de Lucé is a recognized association of general interest, approved by Youth Education Popular. The Social Center team is made up of 24 permanent employees, 20 temporary workers and 40 volunteers.

As a local structure, the social center works with and for the inhabitants in order to find answers to many questions of daily life: childcare, educational leisure, family activities, fight against isolation, help to mobility, food aid.

The social center intends to be a center of initiatives carried by inhabitants, supported by professionals, capable of defining and implementing a social development project for the whole population of our territory and to implement a social development project for the whole population of our territory of intervention.

Our reference values are popular education, namely human dignity, solidarity and democracy. Our ways of action are rooted in the lived experience of the inhabitants.

## **\* OBJECTIVES OF THE SOCIAL CENTER \***

1- Allow the child and the teenager to enjoy spaces of freedom, while being aware and respecting the fixed framework by laws and rules. Authority is a form of power that does not destroy freedom because it seeks consent, consent and ultimately autonomy.

2- Promote the development of the autonomy of children and teenagers, respecting the needs and characteristics of each age (capacity for initiative, creativity, taking responsibility, etc.). Teamwork of animation consists in proposing situations and elements allowing each one to build their bearings in the time, in space and in interpersonal relationships.

3- Empower children and teenagers to make them capable of deciding, acting and making choices. Promote and allow for the learning and experimentation of democracy. Young people are encouraged in active citizenship and participatory democracy: that everyone can get involved or cooperate on the same project but also that everyone can express themselves and find their place.

4- Promote social ties by strengthening solidarity, intergenerational relations, various partnerships. Setting common ideas, wills and means of the greatest number for the benefit of a common interest, participates in the wealth exchanges and the success of the actions. Whether you are an association, community, institution, young and fiery, or old and disabled, everyone benefits from exchanges based on respect and recognition of the other.

The social center of Lucé has the will to continue the development and to support the cooperation of young people in the Union European Union, to encourage their participation in public life as well as their spirit of initiative, enterprise and creativity.

## / Mission /

- participate in socio-educational, cultural, artistic, scientific and sports activities with a teenage audience.
- work with the youngsters from 11 to 17 years during the school vacations (2 weeks during the All-Saints' Day vacations, 1 week during the Christmas holidays, 2 weeks during the winter vacations, 2 weeks during the spring vacations and the month of July)
- preparation of activities and distribution of the program takes time, and we will devote our efforts to it outside of the vacation periods.
- The volunteer will be asked to discuss with the young people to identify their needs and desires. He/she will build the projects with the professional animators and partners before the vacations.
- to animate the youth room on Wednesday afternoon with a professional animator, opening from 2pm to 5pm.
- to animate the school's foyer daily during lunch break with a professional animator, opening from 1pm to 2pm.
- to participate in cultural, linguistic and artistic awareness projects at the Grand Lucé school in partnership with the teachers
- to participate in events organized by the social center (e.g., youth festival, forum of associations, day against harassment...).

This mission is for you if: You are okay with traveling daily with a bus for 2 hours. You are open to meeting new people and connect with young people. You want to get involve in European projects (youth exchanges). You are dynamic and outgoing.